# The Spokesman WINTER 2016



## President O'Brien and His Team Get Sworn In







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# **Stay Connected! Teamsters Boston**

#### @teamsters25

Send your contact information to info@teamsterslocal25.com and you'll received important information from Local 25

## **VISIT THE** Left Lane

The "Left Lane" is the name of the Teamsters Local 25 Store, which is housed in the Day Room at the headquarters at 544 Main Street, Charlestown, Massachusetts.

The store features a select number of different items offered on a seasonal basis: shirts, hats, jackets and sweatshirts. There are specialty items available throughout the year.

The store is open from 8 a.m. to 1 p.m. Monday through Friday, and one hour before and one hour after the monthly meetings.

The store accepts cash, credit card or debit card. For more information call (617) 241-9687

## The Spokesman Sean M. O'Brien, President/Principal Officer | Tom Mari, Secretary-Treasurer John Jay Manley

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Joan C. Corey **Business Agent** Ken Ciccone Trustee

John A. Murphy **Business Agent** Robert J. Aiguier, Jr. Business Agent

Jason Lopes **Business** Agent **Kyle Dexter Business Agent** 

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## Message from the President



"Labor unions continue to be under attack, but members and retirees should know that we are always working for you."

-SEAN M. O'BRIEN PRESIDENT/ PRINCIPAL OFFICER

#### **Dear Brothers and Sisters:**

On January 17, I stood proudly with my colleagues on the executive board as we officially started our 2016-2018 term. Labor unions continue to be under attack, but members and retirees should know that we are always working for you. Your Agents and Officers are relentless in the fight at the bargaining table. We take on the schoolyard bullies in your company and work tirelessly to make sure that you are getting the benefits you deserve.

We lost a great leader in November when Secretary-Treasurer Mark Harrington retired. He was one of the greatest Secretary-Treasurers this union has ever had. He gave his all to Local 25 and on behalf of the 11,000 members and their families, I'd like to thank Mark for all he has done for us.

This issue is full of all that is good about Teamsters Local 25. Last year brought challenges but we continue to fight back and focus on the positive. When the media tries to beat us own, we always hold our heads high because we know how hard our members work and what we do for the community as a whole.

In the last two years we've added 1,000 new members to Local 25 in the parking industry. While we work to organize the rest of the hardworking men and women of the parking industry in greater Boston, please remember to only park at union garages in the area. We've developed an interactive map on our website that you can pull up on your smart phone. It takes less than a minute but will go a long way in sending a message to companies like Pilgrim Parking that treat their employees badly.

The Local 25 Day Room was transformed into Santa's workshop this holiday season. The Local 25 Holiday Toy Drive donated truckloads of gifts to families in the area. Thank you to the Retiree Chapter and Business Agent Kyle Dexter for coordinating this year's effort. Our Women's Committee collected more than 100 coats again this year that were donated to adults living in transitional homes trying to get back on their feet.

I'm proud to announce that the Local 25 Driving Program will re-open this year. We've been named a fully accredited program in the state and we'll be offering extended hours and more classes. Teamsters Local 25 started as a union for truck drivers and it's important to remember where we came from. This is a chance for us to better equip our members and make the program a model not just locally, but nationally.

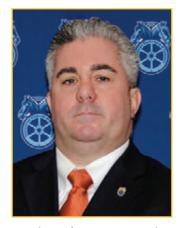
April 2 will be our 9th annual Light Up the Night for Autism Gala. Ticket prices remain the same— \$60 each—and include hosted wine and dinner stations, live music and an unbelievable evening. You don't need to be a member to attend, so invite your family and friends! We've been able to donate nearly \$3 million to autism non-profits these past nine years and while this is significant, the rate of children being diagnosed with autism continues to rise so these funds are much needed.

In closing, thank you again to the members and your families for putting your trust in us. I'm humbled and honored to continue representing you.

Fraternally,

Sean M. O'Brien President/Principal Officer

# Officers' Reports



#### Secretary-Treasurer Tom Mari

Since my last report there have been numerous changes in my assignments. First I want to thank all the members in the trash and concrete industries that I have been representing since 2009. These groups are some of the hardest working members I have ever had the

privilege of representing. The stewards and members in these groups stood strong and supported this local throughout the past seven years and because of that support we have achieved strong contracts that make our members in the trash and concrete industries the highest paid with the best benefit packages in the industry throughout New England. Thank you all.

My new assignments include Jack Cooper (carhaul industry), DHL Express and the members in the Oil Division. At Jack Cooper the national contract was voted down and was not recommended by Local 25. The national committee is back at the table and I hope to report soon on a contract that we can be proud of and recommend.

At DHL we are in the process of a change of operations where the company is planning to open up a second domicile in the coming months. That change is going in front of the National Committee to decide on the issues that the local has raised, so stay tuned.

In the Oil Division I have been getting to know the members and the 21 different contracts these groups have. There are many different issues out there and I continue to work with the stewards to address them.

I will continue to represent UPS Norwood, Somerville, South Boston and Eastern New England feeder drivers. We continue to work diligently on enforcing the contract at UPS and I ask that the members continue to work together in the constant battle at UPS.

I also continue to represent the trade show industry where we have hundreds of members who work at the convention centers in Boston. We have one more year remaining before the contract expires and we will be having trade show meetings to prepare for these negotiations later this year.

Lastly, I would like to thank my good friend Secretary-Treasurer Mark Harrington for his years of service to this local union. Mark was by far one of the greatest Secretary-Treasurers in this great local's history and I will strive to fill his shoes to the best of my ability in my time as Secretary-Treasurer. Thank you Mark!



#### Vice President Steve South

We are currently in negotiations with the following companies: Boston Pipe & Fittings, Goodyear Tire, City of Cambridge Emergency Communications Center Dispatch Supervisors, and Town of Water-

town DPW. We have a contract expiring on June 30 with Charles Gilman and Sons (Martignettis), and the company will be relocating to Taunton in the fall. We will be negotiating with the company in the spring regarding the contract and the effects of the move.

We are also in negotiations with all companies in the Moving and Storage Division: ABC Moving Services, EA Spry & Co., Walsh Movers, Henry Owens Movers, Causeway Moving and Storage, American Moving & Installation, and JN Muldoon Trucking. All seven contracts expire on March 31 and Local 25 is committed to negotiating a strong contract for the entire industry. We have many issues including wages, health care, pension/annuity, and guaranteed seniority lists.

We have completed contracts with the following employers: City of Cambridge DPW, City of Medford DPW, School Security, and the newly organized School Custodians, all of which contained many improvements and no concessions. We have also been able to negotiate all City of Medford contracts into the TeamstersCare Dental/Vision plan as well as Group Legal Services plan.

I would like to welcome new stewards Max Leausa (Causeway Moving), Eric Logan (Walsh Movers), and Bill Radochia (UPS Watertown). I look forward to working with them in the future.

At UPS, we have completed another peak season. However, this peak season was different than any I have seen before as the marketplace is changing. The Postal Service is now delivering packages seven days a week, Amazon now has its own delivery drivers and warehouses, and regional carriers are growing and working together to form networks. These companies and others pose a great threat to UPS as they pay their employees inferior wages and little if any benefits at all. Over the coming months and years, it is imperative that we organize these companies and help these workers get the pay and benefits that they deserve and we already enjoy.

The biennial bid began at UPS on February 8 and all moves from the bid must be made by June 15. We will also begin picking vacations starting on April 1 at all locations and the new vacation year begins on May 1.

As always, buy union goods and services and organize the unorganized!

I have been successful in two national arbitrations cases against DHL Express for violations of the subcontracting language of our contract. These wins will save work that will continue to be performed by members in our Local 25 jurisdiction. I am working on a Change of Operations with Secretary-Treasurer Tom Mari that would move work from our South Boston location to a new location in Worcester, to be covered by our members.



## Business Agent John Murphy

Negotiations with North Reading DPW, and Massachusetts Port Authority at Logan and Worcester airports, are all ongoing and will continue through the next couple of months. At Rosev Dairy we have

made some progress and will continue to meet through next month with our goal to secure a first-time contract for 20 new members.

Contracts for our members with the Town of Boxford Police Department and The Boston Globe are both up. I have met with representatives of both entities and look forward to renewing the contracts shortly.

I met with members at ABC Supply in late January to discuss a new contract. ABC Supply has four locations— Chelmsford, Stoughton and two in Woburn. This will not be an easy negotiation, as the company is trying to withdraw from the pension.

We have met with the state attorney general's office to try to get more clarification on the use of PTO (paid time off policies) under the Massachusetts Sick Leave Law. I have filed complaints with the Attorney General's office, and filed for arbitrations against two companies that believe that the use of vacation and personal time is in compliance. The companies are Boston Tow and Xpedx Paper.

In the Freight Division, we are still looking to hire clerical positions at YRC. Please call my office if there is anyone interested. UPS Freight is looking to hire two CDL(a) drivers and one pure dock, as well as one clerical position.

I have been assigned some new companies, including New Penn Motor Express, Atlas Paper, Lindenmeyr Munroe, and Xpedx Paper. I've met or talked to all the stewards at these companies and look forward to working with them this year.



#### Business Agent Robert Aiguier, Jr.

We recently wrapped up negotiations at Harrington Air Services, Charles Blouin and Cox Engineering. All three contracts were fiveyear deals that raised wages \$2.45 over the life of the contract, and

maintained both 100-percent company-paid health and pension contributions. We were also able to incorporate the new paid sick time law. I'd like to thank Steward Paul Casali for his help at the negotiating table. I'm currently in negotiations with Cummins Northeast and Marr Aerial Platform Division and will report on the outcome in the future.

I'd like to welcome our new brothers and sisters at LAZ Parking to our growing Parking Division. At LAZ, 94 workers at 16 locations ratified their first union contract and in the process secured 5-percent yearly wage increases, 11 paid holidays, six paid sick days, two paid personal days, and entered into the Teamsters Pension Fund. We also continue to grow at VPNE Parking Solutions, adding 28 new members at five locations. At ProPark, we were recently successful in returning a terminated member to work.

In the Construction Division, with the help of Secretary-Treasurer Tom Mari, we were successful in resolving a dispute with the Operating Engineers at the Salem Power Plant. Three trucks that were being operated by Operating Engineers Local 4 were turned over to Local 25. We also have an arbitration pending at the Quincy Shipyard in regard to a laydown area being operated there. Suffolk Construction was recently named the general contractor for the Wynn Casino project. We'll be keeping a close eye on that project to make sure we secure the work for our members.

When parking in and around Boston, try to remember our brothers and sisters in the parking industry. Let them

## Officers' Reports

know you're a member of Local 25, and remember to tip your valets! A map of Teamster parking facilities can be found at teamsterslocal25.com. Please continue to boycott all Pilgrim Parking locations until they agree to give their workers a voice in the work place.

In closing, I'd like to thank President O'Brien, the entire leadership team, and most importantly the members, for giving me the opportunity to serve my first term as an elected officer. It truly is an honor to serve the hardworking families of Local 25.



## Business Agent Jason Lopes

I hope everyone enjoyed the holiday season with their families. As we start off 2016 I would like to take a moment to thank the members for re-electing the Sean O'Brien slate to another three-year term represent-

ing the greatest local in the country, Teamsters Local 25. It is an honor and a privilege to serve our loyal, hardworking members every day.

Since my last report, we have ratified a first agreement with DPI Dedicated Logistics in Canton. This agreement welcomes over 70 new members to Local 25 and will provide wage increases and pension security as well as great language protecting their seniority.

I am happy to announce that the groundbreaking contract, representing thousands of workers at the American Red Cross, bringing together a coalition of unions including the Teamsters, SEIU, AFSCME, UFCW, AFT, USW, UAW and the CWA, was overwhelmingly ratified by the membership. This three-year agreement provides job security, wage increases and a comprehensive union health insurance plan that will save the average member over \$2,500 annually in health care costs. With all of the improvements and protections granted under the national addendum, there has been substantial interest in organizing from the non-bargaining-unit employees, we look forward to welcoming new brothers and sisters to the Teamsters in the coming months. I have been appointed to the national issue resolution team and look forward to working with the Teamsters Public Services Division in helping our brother and sister locals solve the many outstanding issues at the Red Cross.

We have started negotiations with the newly organized group of mechanics at Angelica Textiles in Somerville. These mechanics are looking forward to securing wage increases, job security, a union pension plan and improvements to their health insurance. Hopefully there will be good news to report in the next Spokesman.

We have four cases filed for arbitration regarding wrongful terminations at Stop & Shop warehouse, with another case filed against Aramark Management Services at Mt. Ida College involving movement of work from our bargaining unit and other CBA violations. I have also filed a case to be heard at the next New England Joint Area Panels with Costa Fruit regarding the implementation of the new selection methods and standards. I will report on the status of these cases in the future.

In closing, I'd like to thank all of my stewards for their hard work day in and day out. You are the glue that keeps this all together. I would also like to take a moment to thank President O'Brien for allowing me to serve as a member of this great team. It is an honor to serve the membership with the rest of the great agents and officers of this local. Don't forget to stop by the union hall on the fourth Saturday of the month and support the Local 25 blood bank!



#### Business Agent Joan Corey

I would like to thank the Local 25 membership and President Sean O'Brien for the opportunity to represent this union. I am dedicated to the mission of protecting the rights and benefits of working men and

women in 2016 and beyond.

Statistics show that our members receive higher pay, better working conditions, retirement and health and welfare benefits, "just cause" provisions and more, by exercising their rights through the collective bargaining process. Successful contract negotiations impact Local 25 members' professional lives as well as their families for many years. Delivering strong contracts requires all members working in unison to achieve increased income and improved working conditions and benefits. Solidarity amongst members is without question our biggest strength.

Negotiations for collective bargaining agreements in 2016

will include: City of Chelsea DPW and Emergency 911 Dispatchers, DSM Plant Chemical Plant Operators and Mechanics, City of Everett Clerical Unit and Emergency 911 Dispatchers, Town of Saugus 911 Dispatchers, South Shore Regional Emergency Communication Dispatchers and Supervisors, Whidden Hospital Respiratory Therapists, and the Gate Safe National Agreement for employees who provide security of the catering process for the airlines. We will conduct wage reopeners for East Boston Neighborhood Health Center Drivers and Somerville Housing Authority Police Officers.

As of January, contract negotiations continue at the following Emergency Communications Centers: Town of Concord, Town of Acton, Town of Sudbury and the Town of Brookline.

As always, thank you to all the stewards and members for your support and your interest in improving the labor movement.

The Local 25 Women's Committee continues to expand each year and I would encourage women to participate, unite and grow with the union and community. We meet immediately after each monthly meeting.



#### Business Agent Kyle Dexter

Since my last report, contracts with Norwell Custodians, St. Elizabeth's Security Guards and Peter Pan have been ratified. I was glad to see the emphasis from the bargaining unit on securing affordable health care,

and happy to report some members will be saving close to \$200 per week with the newly negotiated rates. Our pensions and health care are our biggest battles at the bargaining table and we need to make sure we continue to get our members the benefits they deserve! Thank you to all the stewards and bargaining committees who worked hard with me in negotiating these new contracts.

Over the fall, I picked up assignments at UMass Boston and the trash industry. These industries have great stewards with unique workplace issues, and it's been a great challenge learning the industry and getting more involved politically working on legislation to help our members. I'm looking forward to working with these groups.

I want to welcome the Safety Supervisors and Operations Coordinators from Veteran's Transportation into Local 25. This is a new group of supervisors who work with our Ride drivers at Veteran's. After two long days of hearings at the National Labor Relations Board we received a ruling that they were eligible for union representation and had overwhelming success in the vote. I am looking forward to getting them their first Teamster contract.

Our Holiday Toy Drive was a huge success. It was the first year we branched out and instead of teaming up with the national Toys for Tots, we had our own Teamsters Local 25 Toy Drive. Our members stepped up, and we had just as great of an outcome as previous years and we were able to make sure the toys went to local homes and families who were in need. We collected close to \$100,000 in cash and toy donations from our members that went to over a dozen homes who take care of needy children as well as some of our members who have fallen on tough times. Teamsters helping Teamsters is what it is all about, and I can't thank enough all of our agents, stewards and members who were so generous during the holiday season. Together we were able to provide a Christmas for thousands of children who wouldn't have had one otherwise. Thank you to Joe Conti and Billy Grubbs who worked countless hours during this season to make sure all the toys were picked up from the barns and delivered to the children.

To all our younger members, stay tuned on what the Futures Committee is doing. We have a busy year coming up and we will be leaning on you to show that the labor movement is alive as ever and we will continue to grow and strengthen this great union.

> Giving blood is easy and could save a life! The Blood Bank takes place in the Local 25 Day Room from 8:30am-2:00pm

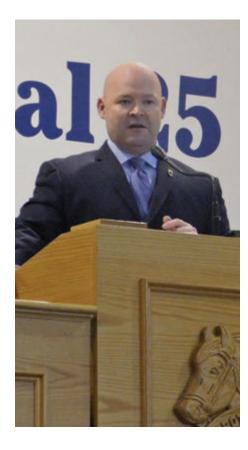
Teamsters Local 25 Blood Bank

#### 2016 Dates \_\_\_\_\_

March 26th April 23rd May 28th September 24th October 22nd November 26th



Officers Will Serve New 2016-2018 Term



# President O'Brien and His Team Get Sworn In

peaking to a standing-room-only crowd at the January 17 meeting, President Sean O'Brien began by thanking the members for their support, saying "We're only as strong as you, our members. I appreciate your honor and trust in me."

He then laid out his team's goals for the next three years.

"In our 116-year history, I believe the biggest battle we will face will be protecting our pensions," O'Brien said. "The attack on workers is very serious and we must protect our retirees' security now and in the future. We owe it to all our members and their families."

The union has taken steps to strengthen the local pension fund.

"In our last term we negotiated 2,000 new members into the New England Pension Fund, further solidifying the solvency of the pension fund," O'Brien said.

O'Brien said his mission continues to be growing the union, and making sure that members have the best contracts, wages, health care and pensions in the industry.

"In just two years we've grown the parking industry from zero to 1,000 strong, giving our members competitive wages, vacation time, health and welfare, and a



restored dignity at work. We've become a voice for our parking members and that is the way it should be."

#### **Family Influence**

O'Brien credits the support and sacrifice from his family as necessary to successfully lead the greatest local in the country.

"Everything I learned about the union, I learned at the dinner table," said O'Brien, a fourth generation Local 25 Teamster. "That's no longer the case with our membership. It's our job as leaders to cultivate and mold the next generation of Teamsters and I'm excited about what the future holds for our local when I think about the younger members and their potential." O'Brien discussed the ups and downs of the past four years.

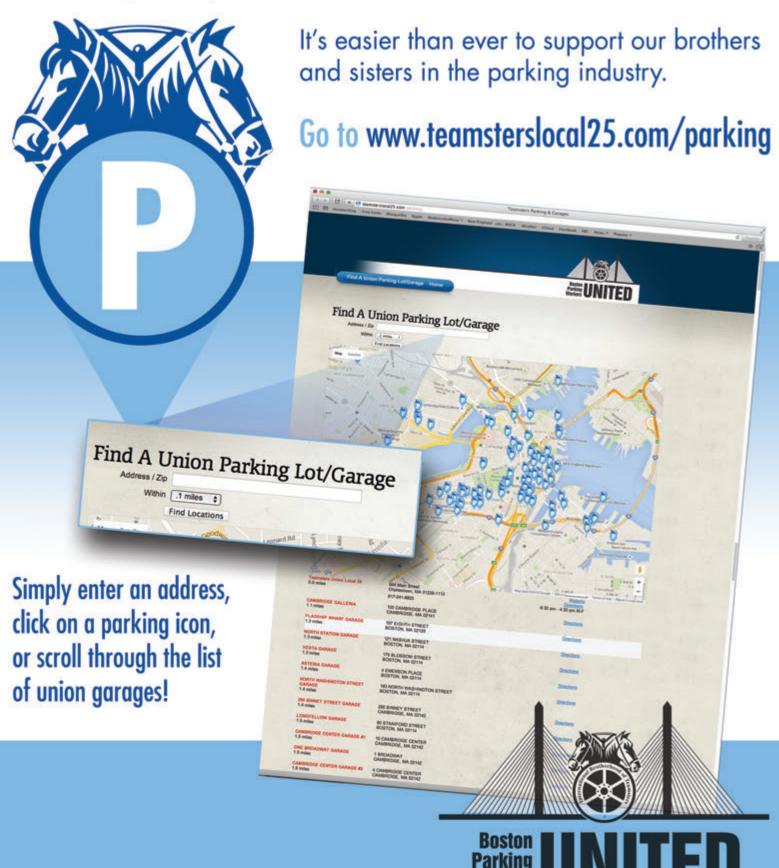
"Let's be clear," he said. "When I look back at the last four years, we've had a lot of successes, but we've also had some shortfalls. In 2016, I want to get better at getting our message out. A little bit of sacrifice provides a lot of benefit and security."

O'Brien ended by addressing politics. "We have some tough decisions ahead. We can't lose sight of that and the politicians need to remember how they got to where they are. We need to make sure the decisions we make are the right ones for our members. We need to hold our elected leaders and those who aspire to elected office accountable for their words and actions," O'Brien said.

"We're only as strong as you, our members. I appreciate your honor and trust in me."

-President Sean O'Brien

# Remember to park at union parking lots when you park in and around Boston.



## **Local 25 Driving Program to Reopen**



Union Secures \$5 Million Grant for New Location in Tewksbury

A fter a nearly two-year hiatus, the Local 25 CDL Driving Program will re-open with more staff and extended hours. The school is scheduled to reopen this spring.

"The trucking industry is at our core," said President Sean O'Brien. "Local 25 has a long history of representing truck drivers and our goal has always been to make the CDL program self-sufficient and we believe we have accomplished that."

The Local 25 Apprenticeship Program will be funded through a \$5 million DOL grant that the Teamsters Health and Safety Department was awarded with assistance from Teamsters Local 25 and our employer partners. The program will be located in Tewksbury.

"There is a shortage of well-trained CDL drivers in New England," O'Brien said. "Our employers recognize that our members are well-trained and professional, and worked with us to endorse Local 25 drivers and highlight the need for this grant."

"This is a great opportunity for our members, and we have a chance to build a model program for other locals to emulate throughout the country. It's been 10 years in the making and I'm proud of the leadership role Local 25 played in making this a reality," O'Brien said.

"As an officially certified apprentice program in Massachusetts, and working with the Department of Labor and other IBT grant programs, allows us to offer CDL training and related training to our members for free," O'Brien said. "Keeping our members safe and well-trained is a top priority for us but also makes Local 25 more attractive to local companies. We remain committed to providing the transportation industry with safe, wellqualified commercial drivers."

All course offerings will be available to all members in good standing, and there are additional requirements for those seeking CDL apprenticeship status. At this time courses to be offered include: CDL Class A, CDL Class B, OSHA 10 and 30 (Construction Safety Certifications), DOT 8 Hour Transportation Security & Awareness, 40 Hour Hazardous Waste Operations and Emergency Response (HAZWOPER), Load Securement, Massachusetts Hoisting License, Class 1C -Forklift, Lull, Class 2A-Crawler and rubber tired excavators and Class 2B-Combination Loader/Backhoes Front End Loaders.





To learn more, visit www.teamsterslocal25.com.

# CHT UP THE NIGATION TEAMSTERS LOCAL 25

Autism Fund Raffle

## ONE OF A KIND TRAVEL GETAWAY! Two lucky winners each win a \$10,000 VACATION!

Tickets: \$50 · limited number to be sold

Winners will be able to choose from a family of four adventure or a luxurious getaway for two. Here's your chance to take that vacation you've been dreaming of!

Two winners will be drawn on Saturday, April 2, 2016 at the TEAMSTERS LOCAL 25 LIGHT UP THE NIGHT GALA FOR AUTISM. Winners do not need to be present to win.

FOR RAFFLE AND AUTISM GALA TICKETS VISIT US AT teamsterslocal25autism.com

Each prize is valued at \$10,000 and considered a gift for tax purposes. Winner will be responsible to pay all applicable taxes pursuant to MA state tax laws. We suggest winners consult with their tax accountants.



Committee

ongratulations to President O'Brien and his slate for being elected to a new term, and doing it unopposed again! The leadership's hard work and dedication to this local and its membership is unparalleled. We send a special thanks for the commitment and all the resources you have given to our Futures Committee to groom the next generation.

The year 2015 was great for the Futures Committee, with all the different endeavors we embarked on. We attended training seminars together to learn about the different ways in which we can be more proactive in our communities and in politics to help in the fight to preserve and create new goodpaying union jobs with health coverage and retirement benefits. We participated in many charitable events like clearing land for the future home of a farm that's being built for disabled vets, raising money for the Boys and Girls Club to purchase hockey equipment, showing our Teamster pride in the Woburn Halloween parade and giving backpacks away to the Teamsters scholarship recipients. And we knocked on doors and held signs for politicians. It was a good year...but we can't live in the past. We need to expand on it.

This year is already shaping up to be a busy one for the Futures Committee with the Autism Gala on April 2, preparing for our newcomer orientation, and helping out with the very important presidential election. Having already lost the House and the Senate we cannot afford to sit back and risk this election falling into the lap of a candidate who will push for national, so-called right to work. This would be a huge blow to workers and unions throughout the country. We need to educate and mobilize the younger generation and get them to stand up and fight to protect and grow what our forefathers fought so hard to achieve.

We are always looking for new members and new ideas to expand our steadily growing committee of young Teamsters! We meet every month at 9:15 a.m. before the monthly meeting.



**Join US!** Remember, you're never too young or too old to get involved. We encourage everyone to get involved in some capacity, whether it's charitable events, political actions or just showing up to a meeting and listening.

For more information, contact us at tl25futures@gmail.com.

# SPREADS HOLEDAY CHEER

Teamsters Local 25

*Toy Drive Collects \$100,000; Women's Committee Continues Coat Distribution* 



The holidays are not a time of joy and merriment for all, but thanks to the continued generosity of Local 25 members and their families, more people had something to celebrate this past holiday season.

For many, the holidays can be a time of stress and sadness. Parents that are struggling to put food on the table now have to worry about buying gifts for their children. For grandparents who didn't retire with a Teamster pension and live day-to-day there's no room for extras like Christmas gifts. And that person you saw shivering as they walked on a blistery New England morning? They probably don't have a warm coat to call their own.

Teamsters Local 25 continued its holiday traditions of collecting toys and winter coats this year. The results were nothing short of amazing and prove yet again how Teamsters Local 25 is a true community partner.

#### **Toy Drive Success**

In 2015 we made the decision to rebrand our holiday toy drive the "Teamsters Local 25 Toy Drive," taking ownership of the program after many years of working with Toys for Tots. "We're grateful to the U.S. Marines and Toys for Tots for the phenomenal job they do throughout the year for children in need," said President Sean O'Brien. "For us, keeping the toy drive in-house gives us the flexibility to make a greater impact by spreading our donations across several worthy organizations."

"Thank you to everyone who stepped up again to help those less fortunate," said Business Agent Kyle Dexter. "The Retiree Chapter, led by President Joe Conti and Trustee Bill Grubbs, worked nonstop from Thanksgiving right up until Christmas week delivering toys to worthy organizations. Thank you also to my fellow officers and agents who helped to spread the word among all of our companies."

#### A Heartfelt Letter of Thanks

Scott Fraatz, from the Italian Home for Children, recounted the story of Johnny, a 7-yearold boy living at the home for the past two years. "Johnny has had infrequent visits with his family, except for his two older brothers who are also in our care. He's never experienced the joy of waking up Christmas morning to toys under the tree and never received presents for his birthday."

But it was different this past holiday.

"When Jonny woke up Christmas morning, he didn't even wash his face and immediately ran to the living area where the beautifully decorated tree stood," Fraatz said. "Looking at the presents, wide-eyed with tears, he said, 'Did Santa really bring all this for me?' A staffer explained that some presents were for him and others were for his friends in his dorm, and Johnny grabbed his presents and began to unwrap. As he opened his gifts he couldn't stop laughing with joy and excitement. It was amazing to see and was because of the generosity of Local 25. Thank you for giving Johnny and our other children a holiday to remember!"

#### Warm Coats

Since 2013, the Local 25 Women's Committee has delivered more than 300 winter coats to Charlestown non-profits that help women, men and children, get back on their feet.

"It started as a simple idea—collecting gently used coats—and has turned into an annual tradition," said Business Agent Joan Corey, who also chairs the Women's Committee. "It's successful because everyone has a coat taking up space that they no longer use. It's a small act that for someone in need provides the physical warmth but also a positive encouragement that someone out there cares for them."

For 2015, our donation request to the members included coats, but also gloves, hats, warm socks, and other winter accessories that help us stay warm.

"I couldn't believe the amount of jackets my son and I had to choose from," said Jamie from the Dennis McLaughlin House of the YMCA. "Not only did we get coats for ourselves, we got brand new gloves and winter hats. Thank you Local 25 for thinking of us."

Cassandra agreed, saying, "Thank you Local 25 for having the coat drive for us. I now am warm this winter thanks to the generosity of a Local 25 member."

The donations were made to the Charlestown Recovery House, which is committed to addressing the issue of substanceabuse treatment and recovery, and the Dennis McLaughlin House, part of the Charlestown YWCA.

STAND STRONG Unite for Healthy Living

**Board of Trustees** Teamsters Union 25 Health Services & Insurance Plan

Sean M. O'Brien Union Co-Chairman

Thomas G. Mari Union Trustee

**Steven J. South** Union Trustee

John A. Murphy Union Trustee

Tom J. Ventura Employer Co-Chairman

John D. O'Reilly Employer Trustee

Michael A. Rico Employer Trustee

**Joel A. Boone** Employer Trustee

#### There's an app for that!

There are apps available for smartphones (Medisafe, Mango Health, MedCoach, etc) that can send medication alerts and dose reminders to patients.

## Tips from Your TeamstersCare Pharmacists



Taking one or more medications everyday can be very difficult. Did you know that over half of patients prescribed daily medications for chronic medical conditions, such as diabetes or hypertension, do not take their medications as prescribed?

The reasons for this vary from person to person:

- Some people have trouble remembering to take their prescriptions.
- Others may be concerned about potential side effects.
- Some may not believe a drug is really necessary.
- For others, cost is a factor.

#### Not taking your medications as prescribed can have serious

*health consequences. If remembering to take medication is the problem,* a pill box or setting an alarm as a reminder may help. Sometimes just keeping the medication near something that is part of a daily routine (i.e. near a toothbrush or a favorite coffee cup), instead of out of sight, may be enough of a reminder. For tech savvy patients there are apps available for smartphones (iRefill, Medisafe, Mango Health, MedCoach, etc) that can send medication alerts and dose reminders to patients.

*If you have stopped taking a medication due to a side effect* or because you aren't sure you need to be on it, be sure to discuss this with your doctor or pharmacist. Some side effects can be alleviated by small changes such as changing the time of day the medication is taken or taking the drug with food. Never stop a prescription medication without discussing it with your physician.

For some chronic medical conditions, such as diabetes, hypertension or high cholesterol a patient may need to be on long term medication therapy. However, some patients with these conditions can reduce their need for medication by making certain lifestyle changes such as exercising, losing weight, making dietary changes and/or quitting smoking.

If cost is the issue, be sure to discuss the possibility of switching to a generic medication with your doctor or *pharmacist*. Generic medications have been proven to be just as safe and effective as brand name medications.

TeamstersCare provides prescription coverage at many pharmacy locations. In most cases the lowest co-pay will be through your TeamstersCare Pharmacies in Charlestown or Stoughton or through the Express Scripts mail order option.

Medications can only be beneficial if taken correctly.





# Raise your fitness level, one step at a time. Wellness Initiative

TeamstersCare is excited to announce a wellness initiative where you have the opportunity to earn valuable rewards while improving your health. The program runs from October 1, 2015 through June 30, 2016. The kickoff event, a Wellness Walk on October 18, 2015, followed the monthly union meeting. Thanks to all who participated and congratulations to the raffle winners!

### .



**There's still time to participate!** You're eligible to earn incentive awards, including **a Fitbit Zip and up to \$50 in gift cards** if you are a TeamstersCare member, retiree, or spouse and you're enrolled in TeamstersCare Blue Cross Blue Shield of Massachusetts (BCBSMA) medical plan. To get started go to <u>www.ahealthyme.com/login</u>, a secure wellness website provided by BCBSMA and sign up. This site is also where you go to redeem your earned points for gift cards.

#### You can earn rewards by:

- Completing an online health assessment @ www.ahealthyme.com
- Completing online Wellness Workshops @ www.ahealthyme.com
- Successfully completing the Fitbit Steps Challenge by logging 294,000 steps between January 18 and February 29, 2016.
- Completing a TeamstersCare EAP visit ~ appointment required
- Joining a gym
- Participating in a Weight Loss Program
- Participating in the TeamstersCare Diabetes Management Program, if you are a diabetic
- Participating in the TeamstersCare Smoking Cessation Program, if you are a smoker

#### **Questions about the Wellness Program?**

All the details are listed on our website @ <u>www.teamsterscare.com</u> (home page, click on Wellness and Healthy Living "Learn More" button) or you may call the TeamstersCare Wellness staff @ 1-800-851-8326.

#### Questions about navigating "ahealthyme" website?

Call the BCBSMA Member Service staff @ 1-888-617-0696 (M-F, 8am to 6ppm EST).

#### Consider these challenges to help you "Move More":

- Three or Less Challenge: Take the stairs if you are traveling three floors or less.
- Calorie Challenge: You burn 10 calories taking the stairs vs. 1.5 calories waiting for an elevator.
- One or Two Challenge: Get off the elevator one or two floors before your destination and take the stairs.

Please join us in taking smart steps to improve your health!



#### Teamsters**Care** Directory

Charlestown Offices 16 Sever St. Charlestown, MA 02129

- Administration
- Audiology
- Dental

• Member Services Local Tel: 617-241-9220 Within MA: 800-442-9939 Out of State: 800-225-6135 Fax: 617-241-8168

Charlestown Pharmacy 552 Main St. Charlestown, MA 02129 Local Tel: 617-241-9024 Toll Free: 800-235-0760 Fax: 617-241-5025

Stoughton Pharmacy 1214 Park St. Stoughton, MA 02072 Tel: 781-297-9764 Fax: 781-297-9370

Stoughton Dental Office 1214 Park St. Stoughton, MA 02072 Tel: 781-297-7360 Toll Free: 877-326-1999 Fax: 781-297-7830

Chelmsford Dental Office 4 Meeting House Rd. Chelmsford, MA 01824 Tel: 978-256-9728 Toll Free: 800-258-2111 Fax: 978-256-9846

EAP Office 16 Sever St. Charlestown, MA 02129 24-hour Toll Free Tel: 800-851-8326 Fax: 781-321-6501

# **Take Another Look!**

If you haven't seen us lately, you haven't seen anything. Enjoy all the products you'd expect from a big bank, with the great customer service you'd expect from your local credit union.

- Online Banking
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- Mobile Banking App
- Online Account Opening
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NETFCU serves Teamsters in all six New England states.



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Name Company	Times/Gallons			Name Company	Times/Gallons		
Alice Bavaro	Retired	53	6.625	Kathy Marion	General Public	2	0.25
Robert Bean	UPS	2	0.025	Elias Martinez	General Public	3	0.25
Warren Boisvert	Retired	52	6.5	Bob McAllister	Retired	143	17.875
Jerry Bolton	Retired	76	9.5	Phil McDonald	General Public	145	0.125
Bob Carnes	Retired	1	0.125	Annmarie McGoff	General Public	2	0.125
Bob Carney	Roadway	5	0.625	Jean McGonagle	General Public	2 16	2
Paul Casali	Harrington Air	6	0.025	Jean McGonagle	General Public	10	2.125
Alex Colovos	General Public	1	0.75	Sheila McGonagle	General Public	20	2.125
Milton DaSilva	General Public	8	1	Michael McGrath	Retired	20 71	8.875
Joe DeStasio	Retired	8 73	9.125	Richard McMurtry	UPS	45	5.625
John Dillon	Retired	13	1.625	Bernadette Merullo	General Public	5	0.625
Nicky DiPlatzo	General Public	5	0.625	Cheryl Miller	General Public	3	0.375
Rudy Doenges	General Public	7	0.875	Michael Miranda	Xpedx	1	0.125
Fred Domey	UPS	1	0.875	Robert Monteforte	UPS	20	2.5
Michael Downey	General Public	1 39	4.875	Anthony Monzione	General Public	1	0.125
Stephen Drago	Manfi	74	4.875 9.25	Ronnie Moran	Retired	1 175	21.875
Walter Duda	Boston Sand & Gravel	74 9	9.23	Mike Morrissey	DHL	27	3.375
Michael Erelli	YRC	9 54	6.75		Retired	27 198	24.75
Antonette Fernandez	General Public	20	2.5	John J. Murphy	Retired		15.375
Debra Gold	General Public	20 4	2.5 0.5	Tommy Nason John O'Connor	Admiral Metals	123 31	3.875
Thomas Gorman		4 35	4.375	Don O'Neil	Retired	31	3.875
Jessica Grace	ABC Moving General Public	1	4.575 0.125		Retired	16	2
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Robert Gregoire Michelle Griffin	DHL Express General Public		4.375 0.125	Kyle Pauly	Retired	1 7	0.125
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Josh Kearney	General Public General Public	3	0.375	· ·	UPS	59	7.375
Joan Kelleher		1	0.125	William Reno	New Penn	1	0.125
Sabrina Kelley	General Public	1	0.125	Kevin Roche	General Public General Public	3	0.375
Annmarie Kelly	Local 25 Staff	5	0.625	Frank Sanfilippo		5	0.625
Greg Kerwood	UPS	35	4.375	Buddy Scarry	Retired	8	1
Michael Kimball	General Public	26	3.25	Paul Sharpe	Retired	117	14.625
Ed Kochanowski	General Public	8	1	Al Sheinker	General Public	2	0.25
Dave Langan	Retired	161	20.125	Harvey Soolman	General Public	1	0.125
Olivia Leitermann	General Public	1	0.125	Norris Strawbridge	Retired	2	0.25
Beryl Lipton	General Public	3	0.375	Todd Swango	General Public	2	0.25
Mark Liston	Hertz	1	0.125	Francisco Toro	General Public	1	0.125
Al Littlefield	Stop & Shop	24	3	Mark Turco	Boston Sand & Gravel	1	0.125
Matt Lubruzo	General Public	1	0.125	Brad Turner	General Public	1	0.125
Rigel Ludwig	General Public	1	0.125	Charlie Vaughn	Retired	70	8.75
Brian MacLeod	Shaughnessy	29	3.625	Maggie Villiger	General Public	4	0.5
Ron Mahoney	Retired	81	10.125	Jack Ward	Retired	139	17.375
Dyani Maldonado	General Public	1	0.125	Derek Weissenburger	UPS	1	0.125

- Blood Bank-

#### Name

Ernest J. Burl Richard Cabral Robert J. Carney David A. Clemons Stephen N. Cochis Kevin M. Davis Timothy M. Feeney Robert M. Halas Philip D. Herbert Gerard D. Keyes Robert L. Kimber James R. Lawton Edward B. Murphy Joseph J. O'Connor Cornelius O'Shea Richard H. Olsen Robert J. Paolini Lisa M. Paone Michael F. Regan James G. Reynolds Albert J. Sacco Salvatore P. Sergi Paul E. Travis Gary S. Wallace Daniel C. Watkins John T. Ahearn Richard C. Anderer Michael L. Armstrong John Berger Ralph J. Dicecca Howard G. Feldman Paul F. Greeley Edward T. Harkins Jr. Robert T. Hennessey Patricia A. Joyce Larry Langis Kevin R. Maher Kenneth A. Miller Mary E. Nearing Larry Papalambros Edgar S. Payne Dana F. Pringle Leo Rossi John G. Seamans Kenneth R. Sholes Ernest L. Waiters Calvin E. White Sr. Wayne D. Bourque Gary C. Chandler William J. Gallagher, Jr. Wayne C. Griffith Martin A. Landry Robert M. Malcolm Philip Mallett Joseph E. Mellen John L. Miller Conrad F. Phillip Bruce C. Ponder Robert W. Prescott Vincent L. Rams Enrique R. Santiago-Miranda Scott R. Shepard Paul A. Sousa Stacy J. Thomas Robert J. Volpini

Pensioners

#### Company Purity Supreme Inc. Stop & Shop Supermarket Co. YRC, Inc. Manfi Leasing Corp. J R Freni Inc. Bird Inc/Northeast Roofing Div. Manfi Leasing Corp. Brigham's Inc. Clean Environment Co. BFI/Allied Waste Ind. Inc. United Parcel Service UPS Cartage Service United Parcel Service YRC, Inc. Local 380 Merger A A Will Corp. Waste Management of Boston Air Express International, USA YRC, Inc. New Penn Mtr. Exp. Inc. Riverside Trans. Co. United Parcel Service Browning-Ferris Ind. Inc. Purity Supreme Inc. United Parcel Service YRC, Inc. Casey & Hayes Movers Inc. Federal Distillers Inc. Bay State Produce Co. United Parcel Serv. Inc. Manfi Leasing Corp. DHL Express (USA Inc.) United Parcel Serv. Inc. Casey & Hayes Movers Inc. NE Teamsters Fed. Credit Union United Parcel Serv. Inc. Eastern Metal Mill Prod. Co. Manfi Leasing Corp. YRC, Inc. United Parcel Serv. Inc. Lechmere, Inc. BFI/Allied Waste Ind. Inc. HOP Energy, L.L.C. Manfi Leasing Corp. Brewer Petroleum Service United Parcel Serv. Inc. Capitol Waste Services Tech Weld Corp. Marr Equipment Corp. Minuteman Leasing Co. Inc. United Parcel Service Inc. Manfi Leasing Corp. Star Market Companies Inc. Teamsters Local 25 United Parcel Service Inc. Signature Flight Support United Parcel Service Inc. Lindenmeyr Munroe DV Manfi Leasing Corp. Stop & Shop Supermarket Co. Central Artery Tunnel Project Veritiv Corp. Aramark Uniform & Career App United Parcel Service Inc. United Parcel Service Inc.

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Early Retirement Pension	10/2015

9

/e Date

# <sup>In</sup>Memoriam

#### Name

Donald R. Adams Thomas H. Allen Richard M. Analoro Gerard A. Archambault William A. Aucoin William Autry Charles D. Balkin Emile R. Ballos George O. Benson Robert L. Berg Frank E. Binda Mary E. Bourget William R. Bowe John E. Bowman Ronald C. Brown Leonard L. Burlamachi Charles L. Carr Allen B. Case David P. Christopher William F. Collver James F. Condelli Gerald R. Conners James M. Connors John J. Cooke Ernest J. Cormier Nathaniel Cousin Domenic Crespo Michael J. Curran Paul R. Cutler Ralph J. DeLuca Dennis Demeule Robert E. Densmore Robert C. Dickeson William J. Ellis Kenneth Erickson William D. Faria John V. Farrell Peter E. Fizer **Richard Flannery** Joseph R. Fortin Bernard F. Fraser Gary J. Gaglione Ronald R. Gallegos Orville R. Gamby Albert A. Godfrey John A. Gullotto Donald E. Hannigan Phillip L. Harrison John E. Heslin, III Robert K. Hoffman Robert A. Hutt Jeffrey M. Iascone

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#### Name

George Ingalls, Jr. Andre J. Jacques Charles Jamgochian Robert M. Josselyn Nathaniel T. Julien Paul J. Keenan Joseph P. Kramer, Jr. Francis J. Kukulski, Jr. Malcolm A. Kurkjian Paul K. Lacaillade George G. Laghetto, Jr. Ronald W. Lavie Anthony T. Leone Lawrence M. Libby, Sr. Daniel G. Lott Jason P. Lundgen William P. Lyden Richard F. Lynch Gerald P. Mace Kenneth J. MacPhail William E. MacRae Michael J. Magliozzi Harold J. Mahoney James J. Malone Donald L. Mann Paul A. Martin Redmond M. McDonough Walter McGlashing Robert A. McInnis Robert F. McSweeney Ralph J. Mercadante Robert J. Moran O.B. Morrison Robert Morrissey, Jr. David H. Morse Mark L. Mullen Dennis P. Murphy Donald N. North Jeremiah P. O'Connor Ronald W. Outridge William G. Prescott Walter F. Rich, Jr. Ralph J. Rizzo Phillippa Robinson James O. Roderick, Jr. James B. Roy Michael R. Shamma Patrick C. Sharkey Robert S. Silver Dorothy A. Smith Norma R. Speranzo James D. Spinale Joseph E. Squires Ralph E. Stowell Joseph A. Travers Harold K. Thomas Joseph C. Tramentozzi Donald M. Trites William F. Weisenberger David A. Whelton Lawrence L. Willis Eddie L. Young

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# Retiree's Corner

Teamsters Local 25 Retiree Chapter



Joe Conti President



John "Johnny B" Buonaugurio Secretary-Treasurer



Chuck Durfee Vice President

## Retiree News

The brisk cold weather didn't keep members from attending the first meeting of 2016, our January 14 breakfast which included the installation of officers. More than 150 members attended.

President Joe Conti opened the meeting with the Pledge of Allegiance, followed by a moment of silence for our deceased members since October. The financial report was read by Secretary-Treasurer Chuck Durfee, and a motion was made by Helio Leal, and seconded by Billy McLaughlin, to accept the report as read.

Teamsters Local 25 Political Director Jimmy Donovan was the guest speaker and reported on political victories this past year and thanked the retirees for their longtime support of Chapter 25 D.R.I.V.E. All retirees in attendance received a complimentary D.R.I.V.E. pin. "Local 25 will only support politicians who deliver on issues that are important to our members and retirees," Donovan said.

Thank you to everyone who supported our Local 25 Toy Drive this past holiday season. We collected nearly \$100,000 in donations and toys which were given to local children and families in need. Thank you to Business Agent Kyle Dexter for working with us to make the drive a success!

Conti thanked Dr. Carol Blanchard and Larry Libby from TeamstersCare and Carol McNelley from the credit union for attending the meeting and being available for members whenever they have a question.

The Retiree Chapter Officers were sworn in for the 2016–2018 term. We look forward to continuing to mentor the Futures Committee, and participating in Local 25 political and charitable initiatives.

Thank you to our breakfast servers: Frank



### Next Breakfast Meeting: April 14, 2016

Pagliaro, Helio Leal, Tom Downing, Peppy Perperian, Paul Amorosa, Mike McGrath, Paul McNelley, Ed Gillis and Jack Ward. Thank you also to Kevin Lally for helping throughout the day, and Billy Grubbs and Joe Evans for handling the 50/50 raffle. Congratulations to Kevin Sullivan, Dan Schaffer, Ray Davis and Mike Troy, who each won a \$25 gift card.

*—\_\_\_\_RIP \_\_\_\_\_* William "Bill" Burpee Former Recording-Secretary 1925 - 2016

## WELCOME ABOARD!

Joseph Gray Howard G. Feldman Donald Smith William Holske

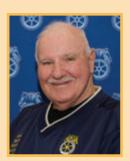




Thomas Nasson Recording-Secretary



Dan Splaine Trustee



Herb Andrews Trustee



Bill Grubbs Trustee



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